



iSoothe

Panic Attack

Help App



Team

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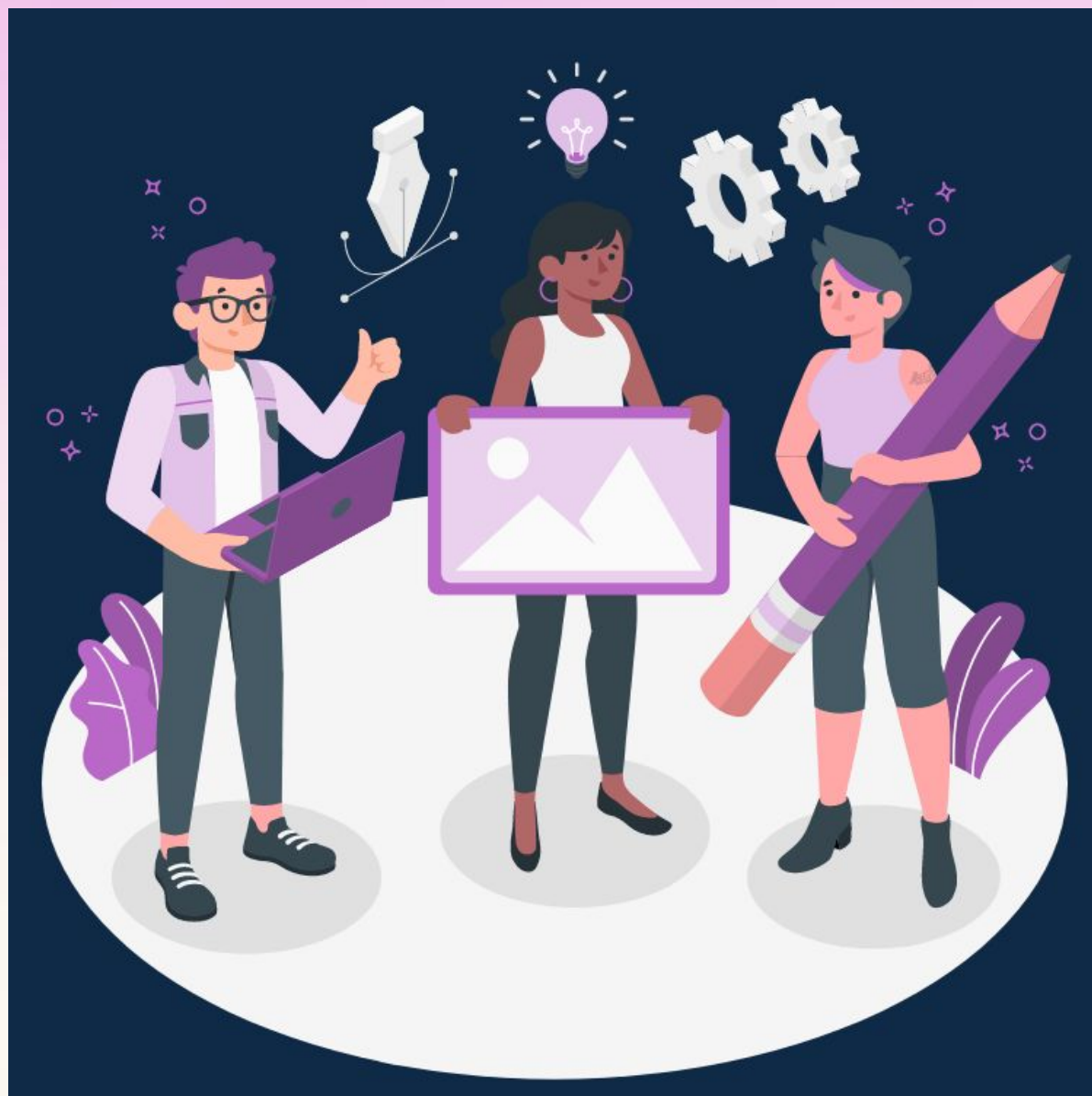
Kellyn Von Arx - UI Design

Marissa Huysentruyt - Code

Noelle Gisewhite - Code

Sarah Jenkins - Code

Tanya Thomas - Code




Panic Attacks



Outline

Today I'll be cover the following:

- Why Make a Panic Attack App?
- Research
- Ideation
- User Interface Design

A large, bright sun is positioned in the top left corner of the image, partially cut off by the edge. The background is a smooth gradient transitioning from a light purple at the top to a pale yellow at the bottom. The text is centered in the middle of the frame.

**Why make a Panic
Attack app?**

Research



Research

- Cognitive Behavioral Therapy
- Distraction
- Vibration Therapy



Ideation

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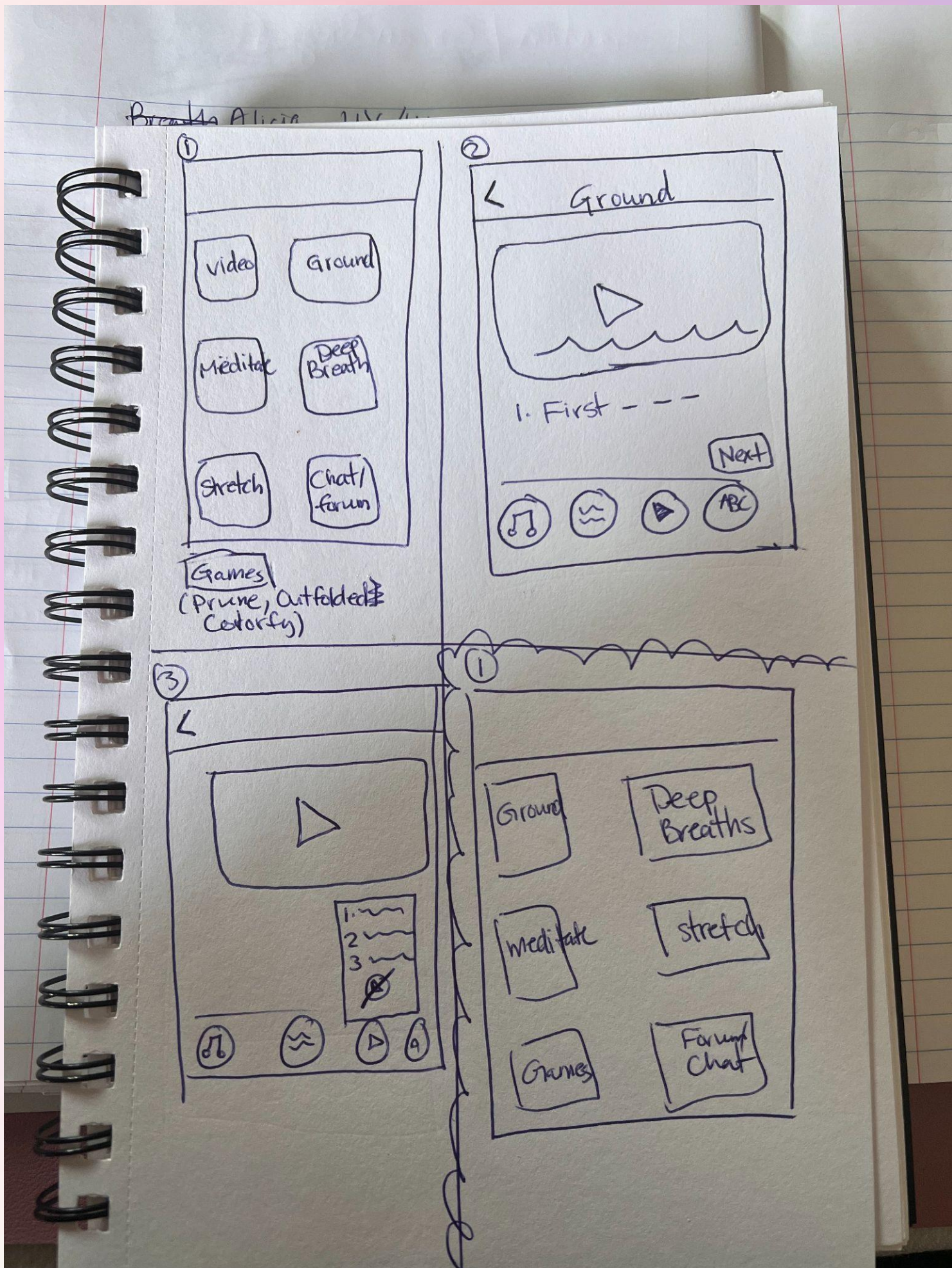


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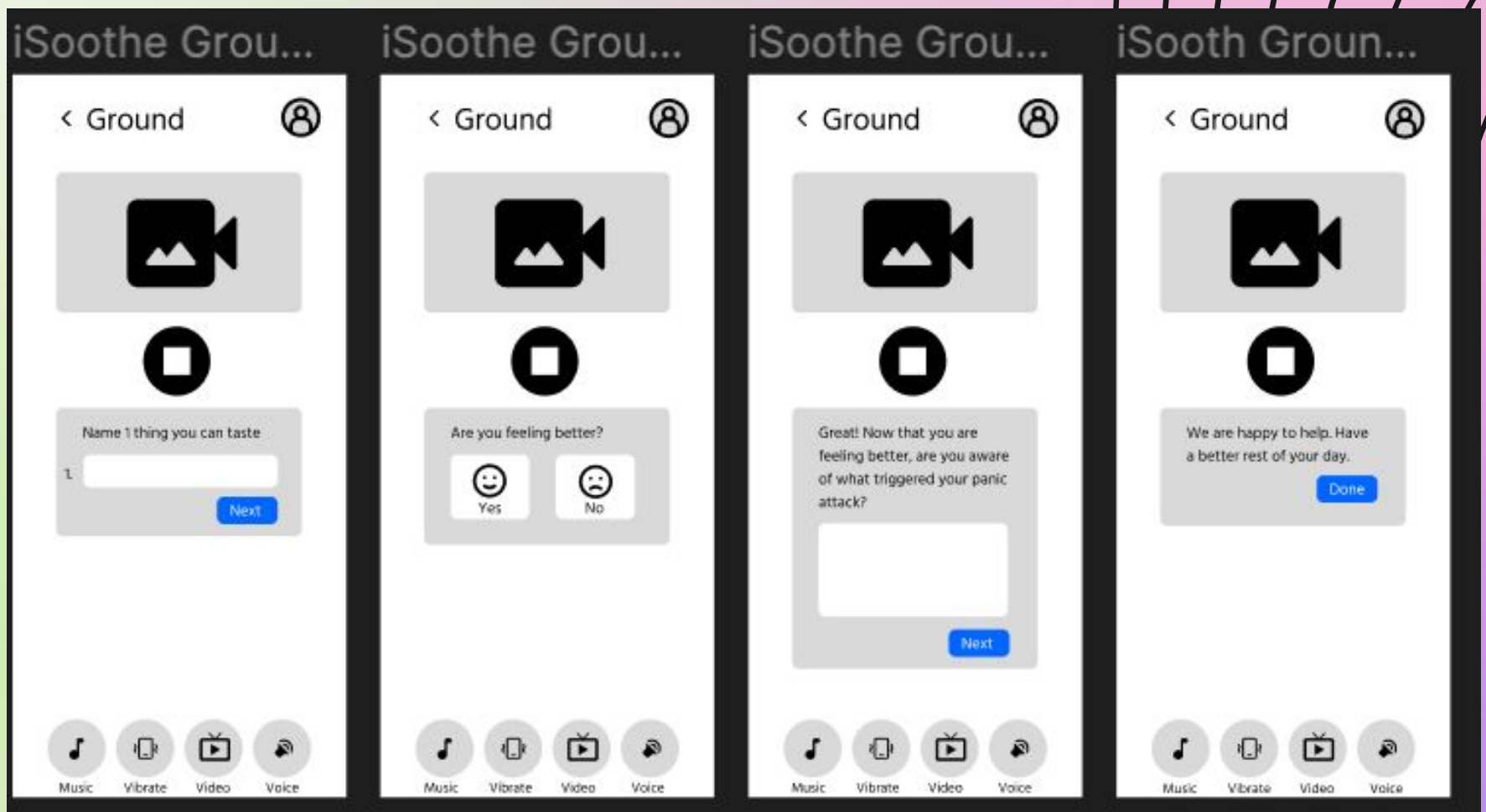
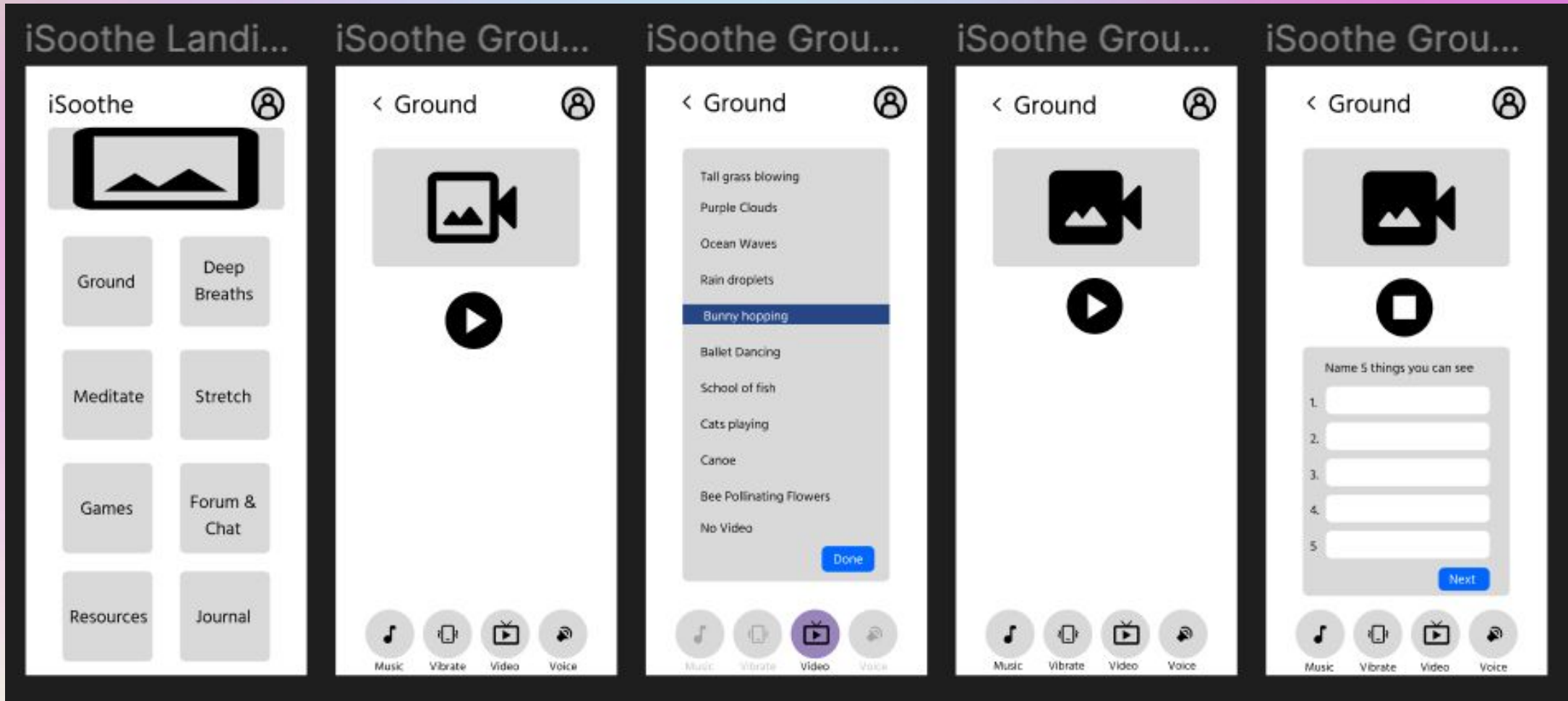
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Ideation



Ideation



UI

